



**New Testament Living  
Lesson 5**

**NAME** \_\_\_\_\_ **DATE** \_\_\_\_\_

**INSTRUCTIONS**

1. Listen to the lecture on Teaching Session Five. Take notes in the space provided below, under STUDY GUIDE. Use blank space on the reverse side of the page, if necessary.
2. Read Chapters Eight and Nine in the textbook, Handbook to Happiness.

**STUDY GUIDE**

I. Review Notes

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II. Being Filled with the Spirit

A. Define who the Holy Spirit is and what He is not.

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B. Write out Ephesians 5:18.

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1. What doesn't this mean?

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2. What DOES it mean? \_\_\_\_\_

Why? \_\_\_\_\_

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3. Define "Spirit-filled" Christian.

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a. Is it an experience? \_\_\_\_\_

b. Is it always manifested with at least one of the gifts of the Spirit?

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Notes \_\_\_\_\_

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c. Ephesians 5:19-21 gives us a picture of what it is like to be Spirit-filled. Describe the picture.

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C. Since the Holy Spirit is a person, how much of Him do we get?

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Notes \_\_\_\_\_

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**III. How to Get Filled with the Spirit**

A. Fasting, meditating, reading the Word, and/or sexual abstinence are NOT the way to get filled with the Spirit. Why is this so? State the spiritual principle that supports this.

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B. State the biblical way to get filled with the Spirit.

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C. How do you know you will be filled with the Spirit?

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IV. How to Maintain the Filling of the Spirit

A. You maintain the filling on a \_\_\_\_\_ basis, and it is done through \_\_\_\_\_.

B. State what we give God permission to do.

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C. State what we must then do. \_\_\_\_\_

D. All of the New Testament and New Testament Living can be boiled down to two words. What are they and what do they mean?

1. \_\_\_\_\_
2. \_\_\_\_\_

How do we obey the Spirit? \_\_\_\_\_  
\_\_\_\_\_

E. The tense used in the Greek for the verb “filled” in Ephesians 5:18 indicates

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F. Explain how spiritual breathing works.

1. \_\_\_\_\_  
\_\_\_\_\_



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2. \_\_\_\_\_  
\_\_\_\_\_

How often do you do it? \_\_\_\_\_

G. Explain the roller coaster ride.

\_\_\_\_\_

H. Spiritual breathing is a stabilizer so we can be controlled by the Spirit \_\_\_\_\_  
\_\_\_\_\_ and \_\_\_\_\_. It is the \_\_\_\_\_  
of the \_\_\_\_\_.

I. All is appropriated by \_\_\_\_\_

J. 1 John 1:9 is a promise. Paraphrase the verse.

\_\_\_\_\_  
\_\_\_\_\_

1. This takes care of \_\_\_\_\_

2. Why is it important for us to confess our sins and appropriate God's forgiveness immediately upon conviction?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

K. When does maturity come? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_